

# YOUR GLOBAL STORY OF A LIFETIME: EX-CHANGE



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# PROGRAM

## ERASMUS+ traineeships

You as a graduating LCC student, can apply for the traineeship scholarship opportunity funded by the Erasmus+ program.





## WHAT IS ERASMUS+?

The Erasmus+ Programme is a European funding programme established in 1987 offering university students a possibility of **studying** or doing a **traineeship** abroad in another country.



## WHY ERASMUS+ ?

- Boost your skills and employability by taking your traineeship overseas.
- Chance to train in a new environment .
- Experience a different culture while you're at it.



## ERASMUS + MOBILITY FOR TRAINEESHIPS

- The traineeship can be completed in another EU country for the period of 2-12 months (*please note that scholarship is provided for 3 months*).
- You can benefit of an exchange abroad with Erasmus+ multiple times, either as a student or as a trainee, but your total time abroad (study abroad periods included) may not exceed 12 months within one cycle of study.
- This opportunity is open for Bachelor level students and recent graduates.
- Graduate traineeship has to start and end within 12 month period post graduation.



# IMPORTANT

The thing to remember is that Erasmus+ will help provide the funding for it – you have to apply for the work placements yourself.

A place to start your search:

<https://erasmusintern.org/>

<https://aiesec.org/>

<http://www.ihipo.com/>

<https://www.trainingexperience.org>

<https://abroad-internships.com/internships>

Career Development Center, approaching companies independently. etc.



## WHERE TO WORK?

The receiving organisation can be any public or private organisation active in the labour market or in the fields of education, training and youth.

- Private or public companies;
- Trade unions;
- Non- profit organizations;
- Schools/institute/ educational center
- Research institute;

**\* The traineeship placement must be a full time position and relevant to your studies.**



# WHERE TO WORK?

## IMPORTANT

**INELIGIBLE** host organizations for internships include:

- EU bodies and other EU institutions, including specialized agencies.
- Organizations managing EU programs, for example National Agencies



## COUNTRIES & SCHOLARSHIPS

COUNTRIES	MONTHLY SCHOLARSHIP
Ireland, Denmark, Iceland, Liechtenstein, Luxembourg, Norway, Finland, Sweden	700 EUR
Austria, Belgium, Greece, Italy, Spain, Malta, Cyprus, Netherlands, France, Portugal, Germany	680 EUR
Bulgaria, Czech Republic, Estonia, Croatia, Latvia, Poland, Macedonia, Romania, Serbia, Slovakia, Slovenia, Turkey, Hungary	630 EUR



## SELECTION CRITERIA

- CUM GPA of 8.0 and above (30%)
- Motivation to work in a foreign country (30%)
- Co-Curricular involvement (10%)
- Faculty recommendation (15%)
- CV (15%)

\* Student gets extra points if has a placement confirmed at the time of application.

\* Students should be debt free to LCC.



# RESPONSIBILITIES

- Finding your own placement.
- Ensuring you have adequate health insurance covering you for the period of your traineeship.
- You are also responsible for travel documentation, including passports and visas.



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# APPLICATION

Application calls take place each February for students graduating in May, and in November for students graduating in December.

Apply at <https://lcc.lt/academics/erasmus-traineeships>



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## CONTACT US

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